

PSYCHIC
SEDUCTION-
A PRACTICAL
APPROACH

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INTRODUCTION-

Yes, you can.

No, you can't.

We've all heard that quote by Henry Ford that states, "Whether you think you can, or you think you can't, you're right." When it comes to psychic seduction, the rule still applies. The main goal here is to show you how and why this works, and how to psychically seduce the women you want by learning to use this powerful instrument that we call the mind.

Psychic Seduction is just that. Seduction that happens using your mind, your energy, and your true intention to get the results you want with women. Men that seem to have all the success are not just "lucky," but

rather, they have tapped into an understanding of these Universal laws and have learned to apply real life techniques that are in alignment with those laws.

What you are about to learn, is how to use these laws as a practical approach. Everything around you is a result of the way you have been using your mind, and thus energetically attracting into your life. The people you socialize with, the car you drive, the shoes you're currently wearing. At some point, you decided that you would have this life. At some point, you also decided what your sexual relationships would be like. For most people, these choices are mostly unconscious. Their thoughts, ideas, and beliefs were chosen for them by movies, social media, or maybe even a person they looked up to at one point.

If you've fallen into this trap of letting your mind run on auto pilot, it's time you become aware, and take your power back. This book will be the perfect guide.

While you read this book, there is one thing that is essential; you should read with an open mind. Open your mind to the possibility that there is an invisible world at play. It's time to consciously choose the sexual relationships you desire, and you've come to the right place to do so.

Welcome to a new way of living.

THE POWER OF VIBRATIONS-

Some people are naturally more aware of the “vibes” they feel around certain people, or certain places. Have you ever noticed that there are some women you just don’t vibe with, and others that you actually do vibe with on a deeper level? Well, there’s an actual reason for that. Remember the one thing we told you would be essential while you progressed through this book; open-mindedness? Well, it’s time to deploy that.

Vibrations are real. Energy is real. Frequencies are real. There is a universe of vibrations and frequencies that we cannot see, that we are automatically attuned to from birth. Your ability to manipulate these frequencies are what our main objective will be.

This is a completely normal part of our existence and our ability to thrive in this world; especially when it comes to attracting the women you desire. The difference between those who tend to be successful with women and those who don't, is the ability to send out the correct frequencies.

These frequencies are as normal as the air you breath. We are all taking part in this invisible form of communication and other people unconsciously pick up on it. It is up to you to make sure you are sending the proper message.

In order to achieve your desired outcome, you must become aware of two things;

- 1) What frequency are you currently operating from? In other words, what are you communicating to the world?
- 2) What frequency do you wish to obtain?

Take a look around. What have you been communicating to the world?

What have you been able to attract in terms of your style? Your vehicle?

The way people address you? More importantly, what type of relationships have you been able to attract up until this point in your life? Are you

satisfied with the answers you gave, or does it make you want to change the frequency you're putting out into the world?

It is important to know where you are, and where you wish to be. This way, you can have a clearly understanding of where your limitations are.

There is only one message we will be focused on psychically communicating from this point forward; **Seduction**.

Seduction can be defined as the enticement of a person to sexual intercourse, as well as something that attracts or charms. This is exactly the frequency we're going for. You want to be able to psychically seduce, or speak the invisible language of seduction, and make sure other people feel it as soon as you walk into a room. Without you even saying a word, you want eyes to turn to you and *feel* that there is something "special" about you. Something that "draws" them to you, but they just don't know what it is.

To better understand this concept, I will share with you a simple formula.

Identity = Behavior = Possession

In order to attract the relationships you desire, the first change must be made in your identity. Figure out your identity and who you think yourself to be. This is where the frequency can be changed as easily as if you were moving a radio dial.

As easy as it is to change the frequency on your radio, which is always transmitting invisible frequencies by the way, it is just that easy to change yours. Think about it, you don't always want to listen to the same station, do you? Some days you like soft rock, other days you might be into hardcore rap. But why is it that you don't get overwhelmed at the thought of changing the station. Why is changing your own frequency such a daunting task? Why are you stuck on the same station, playing the same tune? Is it that you simply were unaware that you CAN change it, and are ALLOWED to experience new frequencies?

Oddly enough, these two factors are the most common amongst us human beings. Some people seem to be looking for permission from others to allow them to be different, to change, or to express what they are. You now have that permission. Allow yourself to become whosoever you wish to be.

Hugh Hefner, the Playboy millionaire who was said to have slept with well over 1,000 women in his 91 years of life had to determine his identity long before it ever came to fruition. He crafted his identity in his mind, his behavior followed suit, and eventually allowed him to possess the life others could only fathom. I'm not saying you have to become the next Hugh Hefner, but this is the perfect example of what you are capable of if you know the process of possession. Identity = Behavior = Possession, and when what you desire to possess changes, you simply plug in a new identity to bring you new results. Simple.

Moving forward, have you ever given thought to why you behave the way you do?

It all comes back to your identity. You behave the way you do because you think the character you are playing is supposed to behave that way. If your behavior isn't serving you, it's time for a new identity. When crafting your identity here are a few things you should consider;

How does this new identity behave?

How does he dress?

How often does he exercise?

How does he speak?

What is his diet like?

What type of car does he drive?

The list goes on... Determine what the most important factors are based on your desired outcome and then determine the questions you need to ask yourself.

Possession will naturally come to be. HOWEVER, you can not expect this to work if you have not taken the time to craft your new identity. If you are still getting the same results, go back to the beginning of this chapter, nothing has changed. If you see new results, but not quite the ones you desire, you were somewhat successful in changing your identity, but not exactly to the one you desired. If this is the case, you must be more specific about your identity. Because we are using Universal Laws with this concept, if followed correctly, your desired outcome must eventually come to be. A friend you haven't spoken to in years will call to invite you to a party where you will find a woman that simply cannot resist you. A woman you had a fling with in college years ago will randomly call you and ask to see you. Your best friend's girlfriend will ask him to bring along one of his friends for a double date with her newly-single gal pal that looking for a one-night stand.

Your life will suddenly be flooded with countless opportunities for sexual relationships. At first, you may just think it's luck, but in reality, you just learned how to manipulate your own frequency by choosing your new identity. So take on these new opportunities to test out the invisible signal you've been emitting. Remember, we're going for Seduction. Lock it in. Engrave it into your mind. Every interaction is a chance to seduce, and although every opportunity may not end with sexual acts, at least you'll get the chance to strengthen your abilities.

I understand this process can be easier said than done, so there is something that you should be made aware of. Whatever frequency you are operating from, WILL determine your reality. If you go into this feeling nervous, unsure, uneasy, etc., people will pick up on this just as easily (if not even more easily) than as if you were cool, collected, and confident. The way to overcome this is to have a carefree attitude about the results. Whatever happens, happens, and you should be okay with the results. See it as practice and the more practice you have under your belt, the better. There is no losing in Psychic Seduction, only experience and learning what works, and what doesn't. Let go of what you think should happen, and go with the flow. If you put too much emphasis on what you think the

outcome should be, and you don't get the results you want, you'll start to get stuck in your own mind and pull away from the interaction that is taking place. Before you know it, you'll be analyzing all of her movements, each word she speaks, and you'll be trying to calculate each action she makes. If this becomes overwhelming for you, you'll start to emit the frequency or overwhelm which is what we're avoiding at all costs!

Be confident enough to say that you are okay with whatever comes your way!

Now that you have one of the keys to Psychic Seduction, the work can start. You can thank me later...

- 1) Determine your CURRENT frequency.
- 2) Determine your DESIRED frequency.
- 3) Determine the IDENTITY of the person that does have the sexual relationships you desire.
- 4) Once you have determined the character of the person that *can* have what you desire, BEHAVIOR will naturally follow. Allow yourself to be

open new opportunities, and to experience new things that this new identity will guide you towards.

5) Naturally, the Universal Laws you are learning to use will begin to align you with your new life and bring into your POSSESSION the relationships this new identity has commanded.

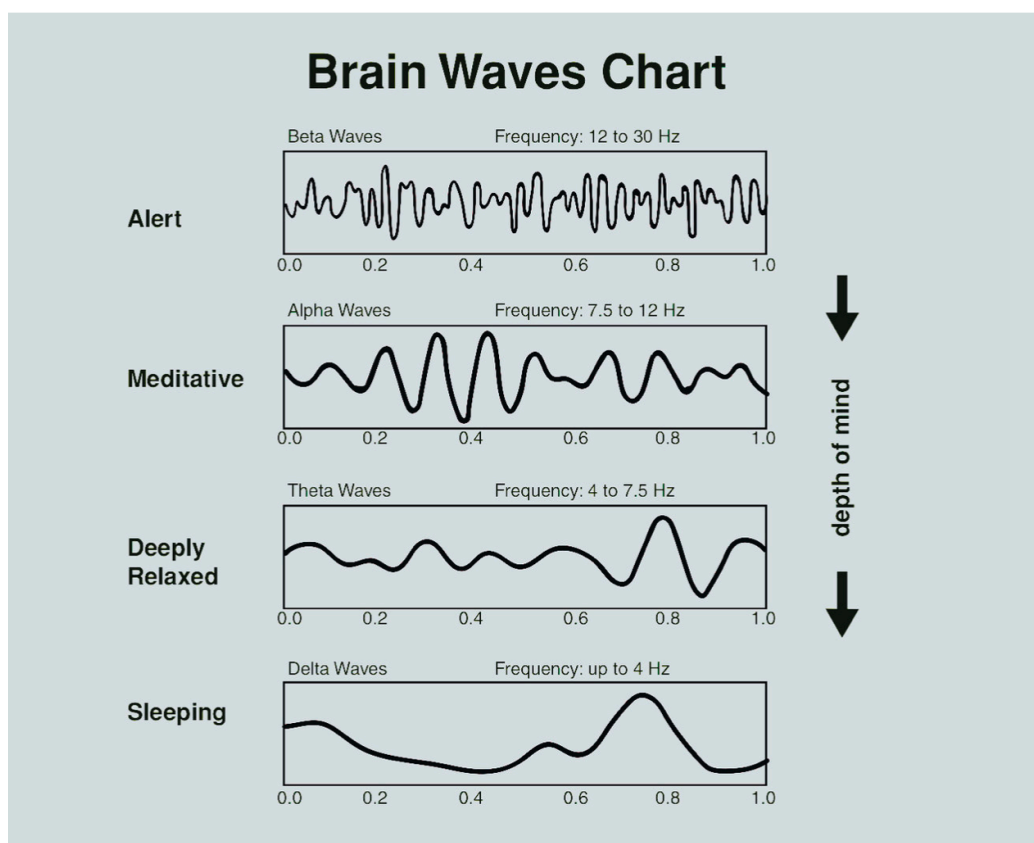
THE POWER OF VISUALIZATION

A concept that goes hand in hand with frequency manipulation is the concept of Visualization. Without the ability to visualize, attempting to change your frequency will be futile.

Visualization is defined as the practice of imagining what you want to achieve in the future, as if it were true today. This is an important part of Psychic Seduction as it allows you to influence your results with much more precision. This is another key to accessing the frequency of seduction. In your mind, you must be able to clearly visualize your desired target being drawn to you as if there were a magnetic force pulling her towards you that she simply cannot resist.

Before we get further into this concept, there are different brain waves, or frequencies, that you must become familiar with. The range you want to familiarize

yourself with is from Alpha to Theta waves. When you are in an alpha-wave state, you are in a meditative-like state. Your brain is operating at 7-13 cycles per second. When you are in a theta-wave state, you become deeply relaxed in your body, your mind, and your thoughts. You are then operating at 3.5-7 cycles per second. The frequency we're looking for is a mix of both alpha and theta; 6-8 cycles per second. (Refer to the chart below).



In this combined state of being deeply relaxed, and in a meditative-like state, you'll find that the frequency of seduction is easy to tune in to. Your own thoughts will be easier to control, and visualization will seem effortless.

Now that you have a basic understanding of the depth of the mind in regards to brain waves, we can move on to Visualization. You have already used visualization before. In fact, you use it regularly, you just may not be aware of it. Being able to clearly visualize something internally, will give your subconscious mind the task of bringing it about externally. Even if you have no idea how it will come to be, trust in the process of visualizing the final outcome, and eventually it will manifest.

When you start visualizing the sexual partners you wish to attract, you'll want to start with one at a time. With more practice, influencing multiple people at once will be a lot easier. For starters, you can practice visualizing the appropriate partner.

NOTE: It is crucial that you visualize as if it were happening in **REAL TIME!**

Visualize her hair, and what her laugh sounds like. Visualize her scent, and what it feels like when she touches your hand. The more you can appeal to the 5 senses while visualizing, the more likely it will be to take place as you envisioned.

The 5 Senses to use in Visualization:

- 1) Smell
- 2) Sight
- 3) Touch
- 4) Hearing
- 5) Taste

Although our goal is to end with sexual acts of some sort, we don't want that to be our main focus just yet. In this stage of your developmental journey of Psychic Seduction, see this as the practice and preparation phase before the big playoff. You're allowed to fail. In fact, you will. A lot. But the more practice you have with visualizing an outcome, and letting your mind go to work on the task, the more confidence you will build up with time. Eventually, your mental strength will be undeniable, and people will sense that.

The beautiful thing about Psychic Seduction, is that there is no end to it. Once you master these concepts, you can apply them in any situation, in any

environment, at any time, and the more you use it, the better and better you will become.

Once you're able to successfully bring about results with attracting women of similar traits that you have been visualizing, then you can go to work on the perfect ending.

This is where you get to explore your fantasies and visualize them into existence. How far can you go with your visualizations? What is the craziest sexual interaction you would like to experience? If your visualization is strong enough, the possibilities are endless.

If you've made it this far, I hope this book has opened your mind up to a whole new world of possibilities. Now that you understand the importance of Visualization on a basic level, we will take it a step further with strategy.

Strategy is defined as a plan of action designed to achieve a major or overall aim. If you want to perfect this craft, strategy is essential. This is the part where you'll get to know the person on a new level. I gave a brief description earlier on how you can hope to manifest your sexual partner by visualizing, but now we'll make sure the success rate of that happening will be undeniably in your favor.

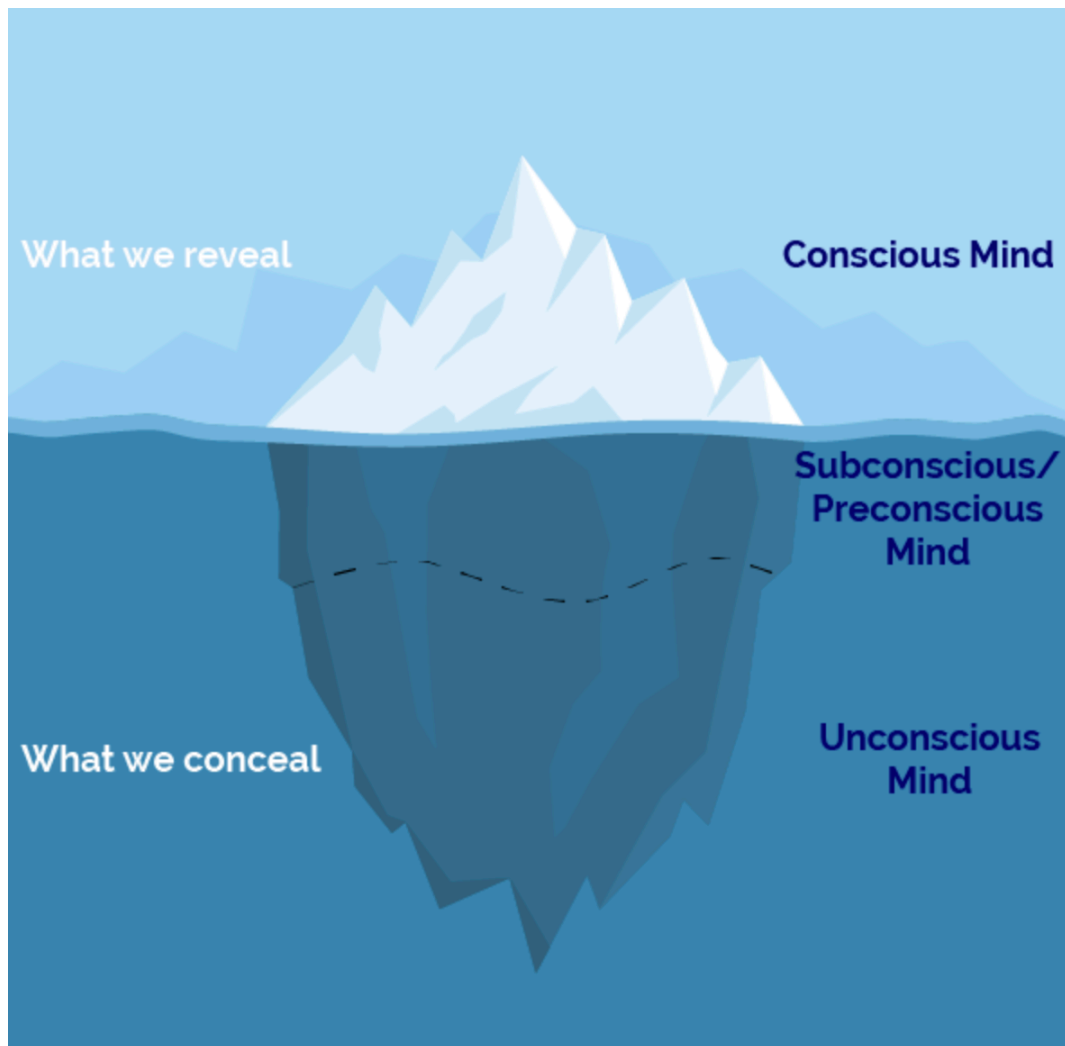
If you have a person in mind that you would like to psychically seduce, the best way to ensure your success is to have a good strategy. Take note of the the places you see this person most often. Take note of the small details that attracted you to this person on the first place. What's the person's food of choice? Who does she spend more time with? What are her interest?

When you start gathering information on the person you are pursuing, you have to make sure you don't cross the line between investigative work and becoming a stalker. See this as more of a way to equip yourself with the tools needed for what will come your way based on the information you're gathering. You do not have to make a note of everything. Just the things that stand out to you, or that you think make her unique. The information you're gathering will be useful when you start to dive deep into your visualizations.

The actual process of visualization requires a calm environment. Ideally, you should be in an environment with no noise and all distractions cut out to be able to sink deep into your own mind.

It is said that a person has two minds; a *conscious* mind, and a *subconscious* mind. Similar to an iceberg, the conscious mind is only a small portion of the mind that is obvious to us on the surface. On the other hand, the subconscious mind is the great majority that is hidden below the surface. This includes beliefs, emotions and feelings, and even habits and addictions. The subconscious mind is said to control up to 95% of our lives, and records everything you've experienced in your

lifetime. One important thing to note is that this part of our mind is habitual. It makes decisions based on past experiences, which can help you understand why you react the way you do in certain situations. (See image below).



It is the job of your subconscious mind to protect you whether there is real danger present, or just a figment of your imagination. Take for example the last time you were rejected by a person you were in sexual pursuit of. Your subconscious mind recorded that, and after that one time of being rejected, now you are more cautious when approaching someone new. Am I right? Let's take another example. What's something else that makes you nervous, but you have no explanation for? Maybe it makes you nervous to compliment a woman? Well, at some point in your life, some instance was recorded by your subconscious mind that signaled to you that complimenting a woman caused pain or discomfort in some way or another. Maybe it wasn't even you. Maybe you saw a friend getting rejected, or maybe you saw it on a tv show. Because your subconscious mind is so powerful, you'll behave in a way that your actions will lead you away from pain and towards pleasure.

So when we are learning to master the power of visualization, we are becoming aware of the processes running in the subconscious mind and the programmed behaviors that are trying to keep us from experiencing pain.

Contrary to popular belief, the conscious mind also plays a vital role in what plays out in your life. Consciously, you have the ability to decide what you want.

This decision is made by you consciously, and the message is then transferred over to the subconscious mind where the behaviors will play out according to the decision made in the conscious mind.

Remember the formula you were given in the previous chapter?

Identity = Behavior = Possession. Well, your identity will be chosen by the conscious mind. You must decide consciously, who you have to become in order to psychically seduce the partners you desire. The message is then transferred to your subconscious mind, that will work to develop new habits and behaviors to accomplish that goal. Because your subconscious mind can not differentiate between what is real and what is simulated, visualization is our way of hacking our mind.

Once you're in a quiet space with no distractions, I want you to refer back to your list of things that you gathered from the person. Now in this deeper stage of visualization, if you previously had a difficult time visualizing what she sounded like, instead you can refer back to the places she used to eat at and visualize what the restaurant looked like. The reason for this is that if you start to lose focus of what she looks like, remembering where you see her the most can help you recreate her image.

What you are doing as you visualize her in the areas you see her often, eating the foods she enjoys, laughing the way she does, you are creating a new reality tunnel. A new reality tunnel in which your worlds are colliding with one

another. She may not be aware of it consciously, but what you are doing as you visualize yourself with her, spending time together, you are implanting your desires into her mind now. Powerful, right?

Now, let's take it one step further. Visualize a designated area in your mind for your erotic nights with this person. You can design it however you please. A mysterious dark room, subtle music playing in the background, candles, drinks, etc. Whatever you deem worthy to be the perfect setup to seduce this person, you will need to visualize until you are no longer sitting in your room at home, but really experiencing it in your internal reality. Remember that although it may not be real in this moment, your subconscious mind is always recording and it will respond accordingly. Use your mind to create it. The more specific your visualizations are, the easier it will make it for you to be led to situations in alignment with what you have been visualizing.

In order to improve your seduction abilities, you must make this part of your daily practice. You should set aside a minimum of 15-20 minutes for a minimum of 3 times a week for your visualizations. For the more advanced student of psychic seduction, your day should start and end with visualizing your sexual goals. Prime your mind daily, in other words, take time to adjust your thoughts and emotions to live your sexual life in a peak state. Throughout the day, you should go back and reference those goals, and you'll see just how things begin to align in your favor.

“Where attention goes, energy flows.” - James Redfield

Once you've started your practice of visualizing, it is important to keep track of your results. You can visualize all you want, but the results are what we are really after, and you must not forget that. Don't be discouraged if you don't get the results you expected immediately. If you had your mind set on a certain woman, but nothing has happened yet, you must also take into account the probability of it actually happening. You must have real expectations. Is the woman you want to psychically seduce frequently in your proximity, or is it someone that you've only ever seen one time? If you find yourself in a situation where you don't see this person regularly and she hasn't picked up on your psychic signals just yet, this does not mean your practice isn't working. More importantly, it doesn't mean that you have failed. It is simply a chance of probability and circumstance.

Consider the following: You're in a crowded place. You see a woman you desire, you put your psychic seduction skills to the test, she picks up on it, but nothing happens. This could have simply been a matter of circumstance. Considering she was a stranger you had never seen before, maybe she wasn't from around the area, and you'll never see her again. Realistically speaking, your chances of running into her are slim to none, and using psychic techniques may not have the full effect they could've had if you knew you would see her at some point in the future. So we would say the probability of that was far less likely compared to the probably of seducing the woman you run into almost everyday on your way to work.

With that said, if you are practicing your techniques on somebody you see daily, you'll begin to see results a lot quicker. Situations will naturally progress. Your probability to observe the changes and responses will be tremendously greater. It will be a live experiment as you test the boundaries and see what is possible and what you can cause to happen in the other person.

With a combination of your fine-tuned skill and increased probably, you will more than likely be able to seduce most people you frequently interact with. Continue your practice daily.

How it Works

Accessing the proper brain state is crucial. In this section, you will learn what is really taking place when applying all the techniques you've learned correctly. You can get success with your approach even if you're not actively controlling your state of mind, but the more pronounced results will be the results of you actively being able to lower your brain state and access different parts of yourself.

Your thought and intentions will have an extra force behind them.

To illustrate the difference of psychic seduction when being in a normal waking Beta state compared to the seduction state... if you were to visualize touching a woman sitting next to you in your normal "Beta" state with no sexual intention behind it, she more than likely wouldn't feel a thing. She would be oblivious to your intentions because you failed to transfer that intention over to her.

On the other hand, if you were in a seduction state and you imagine intentionally running your fingers down the back of her neck and all the way down her spine in

an erotic fashion, she would actually feel this! It will be as real to her as it is to you!

So how do these thoughts actually get transferred over to that person?

Your thought waves once created have an actual density. Using your psychic seduction techniques, your message is being sent over to the other person. Through resonance, this wavefront outside of their skull will need to gain access to sections of the mind that are called the “Cranial Bone.” Creating resonance in these sections will occur when the wavefront is evenly distributed to all sections of the cranial bone. If you could actually see this resonance being established, the wavefront vibrations would take form in the form of a pentagram as it would touch all 5 sections in the cranium. What is then created from this are know as electrons. An electric pulse starts to flow to the part of the brain that will inevitably turn electrical impulse into an actual thought. Thus, the person has a thought, and if it seems to be coming from their own mind, there will be little resistance to it. After all, if they came up with the thought on their own, shouldn't they be able to trust their own judgement? If they seem to think that you are sexually appealing, surely it must be true. They thought it up all on their own!

When your psychic seduction techniques are acknowledged her, the process will come across as very natural, very subtle, and almost forbidden. She will not know why she is feeling this way, but she feels it, and trying to hide it is almost

impossible. She will start to feel the changes in her body. An accelerated heart rate along with rapid breathing. She will start getting wet, and psychically aroused in the most natural way, but of course, she will never suspect you had anything to do with it.

Touch is a vital part of you psychic seduction. This must be your strongest ability. Even before you have mastered visualization, mastering the feeling of touching will be the most important aspect. Using touch in your visualizations will always be the most important tool to master. You want to be able to feel the touch as if it were actually happening. Before you're able to see yourself touching the other person, you should be able to feel the touch. Practice this by touching things with your mind. Put a cup in front of you. Feel what it would feel like to actually be touching or holding that cup. Practice this as often as possible. Different objects would make your sense of touch more refined. A soft pillow, a sharp knife, a hot stove, a cold ice cube, you get the idea here.

When you visualize touching that other person, what is happening is that you are creating a powerful psychic link to that person. In this psychic touch, that will inevitably make them drawn to you, you want to explore the opportunities. Explore the woman of your desire with your fingers and palms, and remember to take your time.

You create in your mind what they will experience. Let your imagination test the different sensations with that person. If you are touching her genital area, explore

everything from her pubic hair, wetness, tenderness, softness, hotness etc. Let your mind explore her. Take your hands and feel her hard nipples, the inside of her mouth, her hair, thighs, knees, etc. She will be experiencing all of this with you, and again, she will think that this is all coming from her own imagination.

Your ability to touch will be your most powerful tool. Nothing else can compare or come close. The effects this will have on her will last far longer than the time you took to set the intention. A thoughtful touch that took you only 5 minutes will occupy her mind for hours throughout her day. The feelings of warmth and tingling will be all too real to her.

The longer you repeat this technique of touch with her, the more sexual tension will begin to build up within her. She will begin to have strong attraction towards you, even if you've never even spoken to her. Most likely she will not even be able to negate these emotions because as I mentioned earlier, if they are coming from her own mind, what reason would she have not to trust them?

Like any other technique, the intensity of it will depend on the practice. However, she will still feel it, even if very slightly at first. Remember to feel the touch. As intensely as you feel it will determine how she will experience it as well, even if with of you cannot see it.

Visualization will naturally tie into this. When you combine the two techniques, touch and visualization, you will see a reaction coming from that person.

Start visualizing her reaction. How would she react and quiver from your touch. Visualize the desired response you would like to see from her, but remember not to forget the feeling of touch. These two must now work in combination. You must be able to do both techniques simultaneously.

When combining these techniques, you are playing out your perfect scenario for passion and lust. When you know exactly how it will play out, and leave nothing to chance, it will start to happen naturally and almost effortlessly. In combination with these two powerful techniques at play, you'll want to add to the sensations. Appeal to all of her senses. You'll want to include the sense of hearing, tasting, and talking. Hear her moans that come from being touched by you.

Your main focus when doing this should be on her arousal, rather than your own. Avoid this being a fantasy for your own pleasure. You will more than likely also be aroused as you're experiencing all of these scenarios, but ensure that your focus is always aimed on her pleasure. You want to remain in control of the scenario and seem like nothing has changed on your end. For all she knows, she's playing out a fantasy all on her own, and she is under the impression that you have no idea this is going through her mind.

You want to make her crave and desire you. You want her to be so aroused that she can no longer contain herself. For you however, it will be a slow process. Avoid going too fast. Build up the tension. Build up the scenario in her imagination of her doing dirty things with you, while you have no idea what is going on, or so she

thinks. The slower the process is on your end, the more erotic it will be for her. She will internalize all of these thoughts, and the passion she will begin to feel will grow deeper and deeper. As a side benefit, this will also help you improve your concentration.

Think of other things that could possibly work to arouse her. What fantasies do you think she has? What do you think she likes? Include oral movements on her in your visualizations. This will continue to build up the tension. Remember, this is for her arousal and not your own. If you start to get aroused, you will start to experience some of the same effects that she will be experiencing. If she notices you are aroused and flustered, it can take away from the mystery and make her retreat. Whatever you use this technique for, you have the ability to make that person to reactive way you want them to in the real world. Your mind is so powerful when you learn to use it correctly.

If you want a specific woman to get turned on just by the thought of you, you must visualize this daily. You can create this reality, but you must put effort into it.

Before you know it, it'll be your new reality.

First, she will experience the physical sensation outside of her mind without any awareness of where it is coming from. She will become aware of herself feeling aroused. Then, you will come to mind. The thought will feel very clear to her, and she will then start to feel attracted to you.

The best approach however, is to establish a deep foundation within the person's internal world. For example, she might feel aroused, but she may not be thinking about anybody in particular. What will happen, is she will begin to unconsciously link you to her sexual arousal. As the unconscious attraction increases, the conscious mind will then pick up on it. She will then be aware of her attraction for you. This is how it can potentially play out with the person that you are psychically seducing. She might not instantly make the connection of arousal to you, but eventually her subconscious mind will form the association, and you will be the person that comes to her mind immediately.

If you don't see any instant reactions, give it time. After all, psychic seduction is a practice, and this can take time. Keep in mind that the seed is being planted in their subconscious mind. It will take time for it to reach their conscious mind, but it will with time, and eventually she will be drawn to you.

Allow this to happen, and you will see that the results you seek, just needed more time to become concrete.

Remember, since the thoughts will seem natural to her, and of her own making, you will likely go through the usual motions like dating, getting to know each other, and eventually getting to your end goal. All the while, you will be embedding these emotions deep inside of her, and it will take its "natural course" in the way that you had visualized and designed it.

The emotions she will feel towards you will be deeply seeded. They can potentially even last forever.

If you choose to try these techniques while the person is sleeping, they will begin to dream of you. Influencing can even be easier while the person is asleep. You want to try both techniques, and look for the results in the person's reaction towards you.

Now that you have a better understanding of how it works, you should be better able to apply it. This will also make visualizing easier. The woman you desire can be yours, all by learning to use the power of your mind.

PRACTICAL TECHNIQUES

In the previous chapter, we discussed the mechanics of psychic seduction. You were given techniques to use when you are alone, visualizing her and creating the perfect scenarios. In this chapter, we'll discuss how it can be applied in your day to day life. These will be practical techniques, that you can use when you are near the person, or even in conversation with that person. The same techniques will apply, but you won't have to close your eyes to apply them.

At first, until you have gotten really good at applying these techniques live, you can start off with the simple touch technique. With time, it will be easier for you to imagine undressing her during the actual conversation with her, while still seeming fully engaged and present for the discussion. The more practice you have with this, the more psychic seduction waves you will continue to produce. It will start to come naturally, and more and more women will start to notice. You should aim to

be so advanced at using this technique, that you can be in a public place or even a very busy environment. Your eyes will still be open, yet you can visualize any scenario with such vivid details that you actually zone out of the 3 dimensional world you around you, with nobody suspecting this.

Touch is still the most important thing, which is where your concentration should go. When in public, your mind must be relaxed, and definitely not in an intense state of trying to control something or somebody else. Relax and enjoy it. The pleasure of the touching, along with the inner confidence that will come from having the power to effect someone through your mind.

These two techniques, by yourself, or in public, are two different skills that you'll have to develop. They each have their advantages and disadvantages. For example, if the woman you are psychically seducing is in your presence, you'll be able to see the effects happening right away. If not, you won't be able to confirm it right away, and will have to wait until the next time you see her. In person, although the person will be in sight, it will make the visualizations of touch easier since she is actually near you. For that reason, you must develop both.

Being able to use both will make your seduction much stronger. These different skills will converge, and make your results more concrete.

When you are done this in your mind, you will see many things occurring. In the first stages, although the person you are attempting to influence will start to feel aroused, they won't necessarily associate it with you. The more you practice

with this person, the more aware they will become of their increased attention and arousal for you. They will probably choose not to show it in public, depending on your surroundings. If you are in a public place, a bar or a relaxed place for example, that person might initiate a conversation, or start a little bit of unconscious flirting.

If you happen to find yourself in a place like work or school, they will be more likely to hide it. Of course, it will eventually end up to it, and they'll want to get to know you, but in a more appropriate approach depending on the surrounding area. If you have been working your psychic seduction on them for some time now, and you know they must be feeling something towards you, they may still be holding back. They might not know how to approach you, or what to say even if they did, especially if they don't know you and have never spoken to you before.

Your job at that point would be to make it easy and almost inevitable for them to meet you. You can be the one to initiate the first "hello," or you should aim to be near them for a few minutes to give them a chance to initiate a conversation. Now that the ice has broken, the attraction can continue to build up.

When the person is actually near you, you should pay attention to the effects you are having. Pay attention to even the most subtle changes. These signs will give you feedback you need to evaluate your progress. The more advance you become at this, the more of a reaction you will see.

Once you're able to see the reactions in the other person, you will be more motivated to continue your work. When you're able to see real results, you'll start to feel more motivated.

As you are working your techniques on the person, you will most likely notice the following:

- Touching the exact area your are influencing (ears, neck, arm, etc.)
- Scratching different areas
- Heat, sweat, or wetness produced
- Worried or confused expression
- Shifting positions
- Crossing and uncrossing of the legs
- Touching their hair
- Arranging clothing or accessories
- Lighting up a cigarette
- Eating
- Laughing at any movement that seems to be a reaction or cover-up from your influence

In some cases, the person may even feel so turned on that they will feel the need to leave the room.

If you are doing this while on the phone with the person, the retains will be a bit easier to control on their part, but you will still notice changes in breathing, shifting noises, coughing, change in voice, changing topics, and maybe even their style of flirting.

Although it may be exciting for you to observe, you must never share this with her!

She may bring up her defenses, and will not trust you as easily.

What you are encouraged to do, is to take notes and review them every so often.

Having your own notes and details, will help you see what you need to work on, as well as what you're doing well with. Being able to review your progress from your first attempt to your hundredth attempt will definitely have an effect on your confidence.

You should use these techniques as often as possible. Even if it is not someone that you are attempting to psychically seduce, you are getting more practice. What you are going for, is creating a reaction in the other person.

The touch technique can easily be practiced on anybody. You will increase your practice and the amount of time you have to work with can be an exciting challenge to take on. What reactions can you get with a 5 minute interaction compared to a 2 hour interaction?

You will get the results you desire and your psychic touch techniques will go undetected.

You will be able to hold a casual, non-sexual conversation with that person in real life, meanwhile your eyes will be feeling with touch parts of their body, and notice changes in the person.

Your approach should seem almost counterintuitive. While you are seducing them in your mind, the actual interaction should come off as less flirty. The person won't think that you are attempting to seduce them. Instead, they will be more drawn to you since they think you are not trying to flirt. Keep the "tough guy" talk to the people that don't know these secret techniques. Your conversations should be fun, and light-hearted. Take an interest in them without direct flirting. The more at ease she is around you by knowing that you are not directly making a move on her, the easier your silent seduction will continue to intrigue her.

The person will naturally become more talkative, and more friendly. The more interaction, the less resistance there will be. If she ever considered you "not her type," she may be thrown off by the fact that you're not "hitting on her." Her attitude towards you will begin to change, and begin to feel affectionate towards you.

Pay attention to the signs of openness. You will know that her emotions towards you are changing. Keep in mind that every woman is different. Not all women show affection in the same ways. Some women take longer to open up to you.

Regardless, continue your practice and eventually, you will see results.

STRENGTHENING YOUR ABILITIES

There is no substitution for the actual application of these techniques. You can read about psychic seduction for years, but the actual ability can only be integrated by the actual practice of it. Once you start to understand and use these techniques more and more in your life, you can take them and apply them to any area of your life. Any books that cover the subject of mind power, and psychic techniques can benefit you in strengthening your understanding and overall power. The more you study things that are considered to be “occult,” the more information you’ll be able to find. Increasing your powers of influence can come in a variety of ways. Some people choose to practice Yoga or some sort of physical training. Others may opt for something such as Tai-Chi or Pranayaman (yogic breathing), healing crystals, subliminals, self hypnosis, magick, tantra, the list goes on.

If you are naturally drawn to any of these subjects, they can definitely add strength to your practice of psychic seduction. Interest is a powerful motivator that increases energy.

We'll have to start with with how to approach the Theta level wave activity. Full conscious manipulation of these brain waves are an advanced subject that only a handful of people have mastered. Once you learn to reach this state of manipulation, the subject of seduction will not interest you.

Just before sleep, is when your brain waves emit this Theta frequency. The process would be to do your usual Alpha visualizations, but instead of practicing during the day, you'll want to do it in bed just before sleep. Once you are in bed, make sure that you will have no distractions. You should be ready to fall asleep. Th process is very simple. You will visualize your intentions or desires while you are falling asleep. You won't be able to remember the exact moment you fell asleep, but your visualizations should be the last thing you think of. The moment you actually are asleep, your Theta waves will pass through these visualizations and give them a burst of energy. Although at first, it may not be as effective, with practice and self-programming, you will be able to remain visualizing until you have reached this Theta state.

You will eventually stop visualizing once you have fallen asleep, but all you needed was that quick moment of Theta state for the visualizations to seem more

real to that person. It's like giving your visualizations a shot of electricity during
this moment of Theta.

It is important that you also develop yourself using your mind power. You should spend an equal amount of time developing your own self as you spend on your psychic seduction. This way, your mind will develop for mental persuasion and you will develop as a person as well. This will be up to you to decide what other abilities you wish to develop or master within yourself. This will give you greater
power in the long run.

Some subjects you should consider enhancing in your life include your job or career, finances, friendships, knowledge, memory, etc. Visualize yourself as if it were already the way you would want it to be. For example, if you choose to improve on your Career or current job, you will want to visualize yourself as if you already have it. Stating you already have the things you desire will make your mind go to work to actually attain them. One of the best things you can do in regards to psychic seduction, is to visualize yourself already having those tremendous powers of seduction. See yourself having easy success with it, and being able to influence anybody you desire at your command. See other people being jealous of you because woman are always swooning over you. See yourself as you would be after a year of practicing these techniques. This will speed up the process of your mind. It will give your mind the task to make these reality. Your mind will go to work for you, and soon you will begin to draw in things, people,

opportunities that will make it easy for your goals to come to fruition. You will literally be molding yourself into the person you want to become.

Another things that is crucial when it comes to increasing your abilities, believe it or not, is your diet. What you consume can greatly effect your results. Consuming only junk food and meat will create more work for your body. Your body will have to work a lot harder to digest and process the food. Since your energy is going towards other functions in the body, your mind development won't have nearly as much energy.

If you can improve your diet, less meat, less junk food, and more fruits and vegetables, it will help increase your abilities. Your visualizations will become clearer and easier since your body is cleansing toxins out of your system. Your blood will be cleaner, and this will help to cleanse your brain and soul.

Don't underestimate the importance of a healthy diet. A healthy diet is very important. The toxins in meat and chemically created food will take their toll on you, even if you aren't fully aware of it. Some chemical are deliberately added to foods as psychological manipulation, which is a subject we won't dive into here. Just try your best to keep a clean diet with food that will improve your health and energy levels. Of course, you'll also want to incorporate exercise. You will gain more confidence in yourself, more discipline, and a healthy heart and mind.

You should avoid drugs when doing psychic seduction. You might think it makes it easier or it makes you seem more fluid, but the fluidity and smoother effect you experience is actually coming from the chemicals in your system. When you are high, the chemically induced high you are experiencing will not be the same as if you had actually put in the work to develop and train your mind to be able to do these things. When your mind is trained and developed, you want loose as your awareness grows and changes your life.

What often happens with drugs, is that you experience false awareness that goes away as soon as the high wears off. Combining drugs and mind power, you will ensure that you'll never actually develop the powers naturally, and as a result, you will more than likely get caught up in the trip of the high, rather than focusing on the seduction process itself.

As a side note, if you actually do put in the work to develop your mind, you will be able to take yourself to higher dimensions that will be better than any drug out there!

For any work that you do in regards to mind power, you should have an understanding of the Hermetic Philosophy. This philosophy is a set of principles that you should learn to live by. Regardless if it is for seduction, or any other practices that interest you, you should have a basic understanding. Here are some concepts you should understand.

- 1) Every human is a transmitter and receiver of impulses that exist and live within a specific wave length
- 2) These impulses can be detected by a trained mind
- 3) A human individual's subconscious mind is interconnected with the 'universal' subconscious. Within all individuals is the holographic duplicate of the Universe
- 4) Intuition is what you use to become receptive on this level
- 5) The "feeling of knowing" transmits like a radio with the wavelength.

Because this subject can dive very deep, these concepts may not seem too clear to you as of now. Here is a basic understanding that will apply to your mental abilities.

To access the "Source of Consciousness," you are required to do things that seem 'counter opposite' to what you would normally do.

For example, hoping for something compared to visualizing something as if it were already yours are two very different things. Hoping would mean that you actually do not possess or have what it is you desire. It implies an uncertainty and desire for the future. However, if you visualize it as if it already exists, you are already assuming it to be real.

It is important for you to know that Hermetic Principles only operate in the present. If you want something in this material world, and it is reasonably available, all you have to do is transmit what you want to your subconscious mind.

In turn, your subconscious mind will create it for you, only if the desire was properly transmitted from your conscious mind.

Now, in order to make your desire successfully reach your subconscious mind, your conscious mind must cease to exercise the desire. As long as the conscious mind WANTS something, the very act of wanting something implies a future tense in regard to fulfillment. Because your subconscious mind only deals with present tense, wants will be ignored.

The way that you would apply this principle to your psychic seduction practice would be to see that which you want as if it is already reality and as if you were already playing out the life that entailed that desire.

Similarly as if you were practicing psychic touch, the way you would get the results is to feel it being real, and feel it as if it were already happening. You are

training yourself to visualize the experience as if it were happening, while also experiencing it as part of your life.

Your subconscious mind is a force that operates from knowingness and certainty. That is why you must know what you want and be certain that that reality already exists for you.

The mind will not allow your desires to come about until your emotions about it are in alignment with it happening. Feeling is the secret.

You are encouraged to do your own research and dive deeper into these principles on your own until you've truly understood them. You will gain a deeper level of understanding of yourself and how you process the world.

To sum it up, you will obtain what you desire once you can FEEL it being real.

RESISTANCE

When the idea of resistance comes up, get rid of any negative emotions you may have in regards to it. The techniques you are learning here are not domination techniques. They are not something that you are forcing in the other person.

Instead, you are creating these feelings within them, and they are responding accordingly. They will manifest these feelings and ideas as if they were their own. Resistance to these feelings may be for a number of different reasons. This person might be married. They may live far away and will feel the need to avoid these feelings for you. They may be confused. Why are they getting aroused if you're not even their type? There may be plenty of reasons for the person to resist. If so, they may show fear, withdraws, or begin to reject you.

Signs of resistance should be noticed right away. Take note of any reactions whether they are good or bad. You will start to get a better idea of which technique is appropriate to use at certain times. Any type of sign will be a sign that your

techniques are having an effect. Signs of resistance are still a sign of progress. This

lets you know that it will just take a while longer to get your desired results.

If the person is resisting, at one point, their defenses will be down. With all of the

accumulated visualizations you have done, eventually there will be an opening for

the thought to enter. Sooner or later, their subconscious mind will give in, given

that you're still doing your part, and they will become yours.

FINAL THOUGHTS

Now that you've made it this far, it's understandable if you may be feeling some strong emotions about this subject.

You have learned the power of your subconscious and conscious mind, as well as the roles they play with how your life has played out up to this point. You have learned about frequencies, vibrations, practical techniques to use, visualization examples, and much much more.

Although it is a lot to take in, the information that has been provided to you has the potential to change areas of your life that you may not be fully satisfied with, so it must be studied thoroughly. Go back and read through it periodically to keep the information fresh.

With continuous practice of these new techniques, you will not only become more successful with your abilities to psychically seduce, but any other areas you choose to focus on as well!

You have unlocked a powerful tool. Now it is up to you to see how much you can do with it.